



Treatment Planning For Successful Community Outcomes

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Treatment Planning

- Developed collaboratively with the client
 - Client must “own” the plan
 - Ownership leads to successful outcomes
- Required by law/regulation
- Reflects the organization’s mission, philosophy & capability
- Based on strengths and weaknesses



Essential Characteristics of Treatment Plan

- Attainable
- Measurable
- Sequential & Specific
- Positive
- Comprehensive
- Owned by the client



Treatment Planning

- Specifies services to be delivered
- Specifies services to be obtained
- Specifies providers
- Specifies frequency of treatment
- Delineates termination criteria
- Includes all of the domains of functional assessment as needed.
- Specifies Goals and Objectives



Goals, Objectives & Action Steps

- Goals
 - Focus on needed change
 - May be long or short term
- Characteristics of Goals
 - Behaviorally oriented
 - Related to Treatment Plan & Functional Assessment
 - Aimed at improvement
 - Concise
 - Attainable
 - Measurable



Goals, Objectives, & Action Steps

- Objectives
 - **Activities that must be accomplished to reach a goal**
 - Directly Measurable
 - Unique to the Client
 - Concise & Precise
 - Comprehensive
- Action steps are tasks needed to carry out or reach objectives



Goals, Objectives & Action Steps

- Goal: Fred will obtain his 12th grade GED by 12-15-03.
 - Objective 1: Fred will go to John A. Logan College on the SIUC bus to get a GED application by 6-7-03
 - Action Step 1: Fred will get a bus schedule from the rack in the lobby and review plans for taking the bus with his counselor today
 - Action Step 2: Fred will get a bus pass from the agency transportation dept. tomorrow.



Goals, Objectives & Action Steps

- Objective 2: Fred will complete the application and review it with his counselor on 6-14-03
 - Action Step 1: Following the successful review, Fred will mail his application to John A. Logan College on 6-14-03.